

A GUIDE TO ON-DSAC CAMPUS RESOURCES

if you need help with classes:

- Guided Study Sessions (GSS) are offered for certain classes. They are led by students who have taken your class and gotten an A
- The Writing Center offers help for every step of the writing process by appointment
- The Math Success Program has free live tutoring for a variety of math classes. For more math help on campus, see here
- Check out tutoring.umd.edu for a full guide to tutoring resources
- Go to your professor or TA's office hours! These are especially meant for you to ask any questions you may have. If the times listed on your syllabus don't work, see if you can make an appointment!
- Make sure to read your syllabus to see if your professor recommended any additional resources for you

Remember: you're already paying for these resources! Be sure to make the most of them

if you need help with mental health:

- The **Counseling Center** has a variety of mental health services, including free and confidential therapy
 - If you think you may need testing or other class-related accommodations, see the **Accessibility and Disability Service**
 - **CARE to Stop Violence** provides resources for survivors of sexual assault and relationship violence
 - Check out **RecWell's** fitness offerings
- Mental health matters!**
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if you need help with getting around campus:

- This interactive map has all the building names, 3-letter building codes, and parking lots on campus
- For more detailed walking and driving directions, **Google Maps** can help you with navigating campus!
- The **Department of Transportation's (DOTS)** website has information about parking and Shuttle UM
- For live Shuttle UM updates and schedules, download the **NextBus app**
- For help with navigating the DC Metro, download the **DC Metro app**

some academic integrity reminders:

- **Don't interact so you can stay on track!** If you find yourself in a GroupMe and another student is sharing answers, it is best to ignore the message and/or leave the GroupMe
- **When in doubt, reach out!** If you are unsure of the resources you can use on an assignment, check with the class syllabus. If you have any further questions, contact your professor directly for clarification
- **Be wary of "helping" others.** While you may be thinking you're being a good friend by sharing answers, this can count as facilitation and/or cheating, which is against the Code of Academic Integrity. Prior to providing help to others, check in with your professor
- **Don't self-plagiarize.** If you're thinking about using the same work for multiple classes, ask your professor first!
- **The Undergraduate Student Legal Aid Office** provides free assistance for academic integrity violation charges

Remember: academic dishonesty can result in an 'XF' on your transcript which can take up to a year to be appealed. Don't risk it!